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BIOGEN
FOR THE RESULTS YOU WANT

BIOGEN ACID CLEAR

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

BIOGEN ACID CLEAR
Alfalfa/Birch/Celery/Devil's claw/Moringa/Nettle/Willow.

Sugar Free.
Contains ethyl alcohol: 50 % *v/v*

D 33.6 Western Herbal Medicine. Complementary Medicine
Health supplements are intended only to complement health or supplement the diet.

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Read all of this leaflet carefully because it contains important information for you. BIOGEN ACID CLEAR is available without a doctor's prescription, for you to maintain your health. Nevertheless, you still need to use BIOGEN ACID CLEAR carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share BIOGEN ACID CLEAR with any other person.
- Ask your healthcare provider or pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

What is in this leaflet

1. What BIOGEN ACID CLEAR is and what is it used for.
2. What you need to know before you take BIOGEN ACID CLEAR.
3. How to take BIOGEN ACID CLEAR.
4. Possible side effects.
5. How to store BIOGEN ACID CLEAR.
6. Contents of the pack and other information.

1. What BIOGEN ACID CLEAR is and what is it used for
BIOGEN ACID CLEAR, a blend of botanical extracts supporting healthy uric acid levels. May lower symptoms associated with high uric acid levels such as joint, muscle or nerve discomfort, gout, and urinary tract inflammation.

2. What you need to know before you take BIOGEN ACID CLEAR
Do not take BIOGEN ACID CLEAR:

- If you are hypersensitive (allergic) to Alfalfa, Birch, Celery, Devil's Claw, Moringa, Nettle, Willow or to any of the other ingredients in BIOGEN ACID CLEAR (listed in section 6).
- If you are a woman of childbearing age, planning pregnancy, or if you are pregnant, or breastfeeding.
- If you have an autoimmune disease such as systemic lupus erythematosus, as Alfalfa may exacerbate inflammation.
- If you have impaired heart or kidney function.

Warnings and precautions

- Use with caution if you have a bleeding disorder, or if you are using blood thinners.
- Use with caution if you are taking birth control medication.
- Use with caution if you have hormone sensitive conditions or if you are undergoing hormone replacement therapy (HRT).
- Use with caution if you have high blood pressure.
- Use with caution if you have a thyroid disorder, as BIOGEN ACID CLEAR may theoretically affect thyroid levels.
- Use with caution if you have any heart disorders.
- Use with caution if you have abnormally low sodium levels.
- Use with caution if you have gallstones.
- Use with caution if you have stomach ulcer disease.
- Use with caution if you have low blood pressure.
- Discontinue use at least 2 weeks prior to elective surgical procedures.
- Use with caution if you have diabetes.
- Avoid / use with caution if you are hypersensitive to aspirin.
- Use with caution if you have asthma.
- Use with caution if you have gout.
- Use with caution if you have hemophilia (abnormal blood clotting) and hypoprothrombinemia (deficiency of the blood-clotting substance prothrombin).
- Use with caution if you have liver disease.
- Not to be given to children under the age of 18 years (see section 4.8 d).

Children and adolescents
BIOGEN ACID CLEAR is not recommended for use in children.

Other medicines and BIOGEN ACID CLEAR
Always tell your healthcare provider if you are taking other medicines, including complementary or traditional medicines.

Consult your doctor if you want to take BIOGEN ACID CLEAR in combination with medicines or treatments such as:

- Acetylsalicylic acids, as Willow might increase the effect and adverse effects of aspirin.
- Blood thinners, as Alfalfa and Nettle may decrease the effect of blood thinners, whereas Celery, Willow, and Devil's claw may theoretically increase the risk of bleeding.
- Antidepressants, as Celery may theoretically increase blood levels of venlafaxine.
- Blood pressure lowering medication, as Moringa may theoretically have additive blood pressure lowering effects.
- Birth control medication, as Alfalfa may decrease the effectiveness of birth control medication.
- Carbonic anhydrase inhibitors, as Willow may theoretically have additive adverse effects when using concomitantly with acetazolamide.
- Cytochrome substrates, as Celery may theoretically increase levels of medicine metabolised by cytochrome P450 1A2 (CYP1A2), whereas Devil's claw and Moringa may increase the level of medicine metabolised by cytochrome P450 3A4 (CYP3A4). Devil's claw may also increase the level of medicine metabolised by cytochrome P450 2C19 (CYP2C19) and 2C9 (CYP2C9).
- Diuretics, as Birch and Nettle may have additive diuretic effects.
- H2 blockers (reduce stomach acid production), as Devil's claw may theoretically decrease the effectiveness of H2-blockers.
- Hormone replacement therapy (HRT), as Alfalfa has estrogenic properties and may increase cancer cell growth.
- Blood glucose lowering medication, as Alfalfa, Moringa or Nettle may theoretically, have an additive blood glucose lowering effects.
- Immunosuppressants, as Alfalfa might theoretically decrease the efficacy of immunosuppressive therapy.
- Metals, as Celery and Nettle may theoretically reduce excretion and increase levels of lithium.
- Minerals, as Alfalfa may decrease the absorption of iron when using concomitantly.
- Photosensitising medicine, as Alfalfa and Celery may theoretically increase the risk for adverse effects.
- Proton pump inhibitors (PPIs), as Devil's claw may theoretically decrease the effectiveness of PPIs.
- Salicylates, as Willow may increase the effects and adverse effects of salicylate-containing medicine such as salsalate and choline magnesium trisalicylate.
- Thyroid hormones, as Moringa may theoretically reduce the effectiveness of synthetic thyroxine (T4) products, such as levothyroxine.
- Vitamins, as Alfalfa may affect the absorption of Vitamin E when using concomitantly.

Interactions with Diseases/Impairments

Aspirin hypersensitivity: Willow contains salicin and should be avoided/used with caution in patients with aspirin hypersensitivity.

Asthma: Willow contains salicin and should be avoided/used with caution in patients with asthma.

Autoimmune diseases: Alfalfa might exacerbate autoimmune diseases, such as systemic lupus erythematosus, multiple sclerosis (MS), rheumatoid arthritis (RA) by stimulating disease activity.

Bleeding disorders: Celery and Willow may theoretically increase the risk of bleeding.

Blood clotting disorders: Willow contains salicin and should be avoided/used with caution in patients with hemophilia (abnormal blood clotting) and hypoprothrombinemia (deficiency of the blood-clotting substance prothrombin).

Diabetes: Theoretically, Moringa may decrease blood glucose levels in patients with diabetes – use with caution if patient is on insulin or oral blood glucose lowering medication.7 Willow contains salicin and should be avoided/used with caution in patients with diabetes.

Gallstones: Devil's claw may increase bile production, which may affect patients with gallstones.

Gout: Willow contains salicin and should be avoided/used with caution in patients with gout.

Heart disorders: Devil's claw may affect patients with heart conditions, as it can affect heart rate, contractility of the heart, and blood pressure. Birch may have diuretic properties and should be used with caution in patients with impaired heart function where reduced fluid intake is recommended.

High blood pressure: Theoretically, Birch may increase sodium retention and worsen high blood pressure.

Hormone sensitive cancers/conditions: Theoretically, Alfalfa may have estrogenic effects and should be avoided in patients with hormone sensitive diseases such as cancers, endometriosis and uterine fibroids (noncancerous growths of the uterus).

Hyponatremia: Devil's claw may cause or exacerbate hyponatremia (abnormally low sodium levels) by increasing excretion of sodium.

Kidney dysfunction: Theoretically, Willow might worsen kidney function in patients with compromised kidney function, consequently resulting in kidney failure. Birch may have diuretic properties and should be used with caution in patients with impaired kidney function where reduced fluid intake is recommended.

Liver disease: Willow contains salicin and should be avoided/used with caution in patients with liver disease.

Low blood pressure: Theoretically, Moringa may increase the risk of low blood pressure.

Perioperative: Willow has antiplatelet properties, which may result in excessive bleeding if used perioperatively. Discontinue use at least 2 weeks prior to elective surgical procedures.

Stomach ulcer disease: Devil's claw may increase gastric acid secretion, consequently affecting patients with stomach ulcers. Willow contains salicin and should be avoided/used with caution in patients with stomach ulcers.

Thyroid disorders: Celery may theoretically affect thyroid levels in patients with thyroid disorders. Moringa may decrease the effectiveness of thyroid hormone levels, or further reduce thyroid hormone levels in patients with hypothyroidism (underactive thyroid) or subclinical hypothyroidism (early, mild form of underactive thyroid).

BIOGEN ACID CLEAR with food and drink
Unknown.

Pregnancy and breastfeeding
Not recommended for use during pregnancy and lactation.
If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist, or other healthcare provider for advice before taking this medicine.

Driving and using machines
It is not always possible to predict to what extent of BIOGEN ACID CLEAR may interfere with the daily activities of a patient. It is possible that BIOGEN ACID CLEAR would affect the ability to drive or operate machinery, as it may cause headach and dizziness. Patients should ensure that they do not engage in the above activities until they are aware of the measure to which of BIOGEN ACID CLEAR affects them.

3. How to take BIOGEN ACID CLEAR
Do not share medicines prescribed for you with any other person.
Always take BIOGEN ACID CLEAR exactly as described in this leaflet or as your doctor or pharmacist has told you.
Check with your doctor or pharmacist if you are unsure.
Adults: Take 2,5 mL or 30 drops BIOGEN ACID CLEAR in a glass of water 3 times daily.

SHAKE WELL BEFORE USE.

If you take more BIOGEN ACID CLEAR than you should
Alfalfa, Birch, Celery, Moringa, Nettle and Willow - Insufficient reliable information.
Devil's claw - High doses of Devil's Claw root extract induced contractions in isolated uterine muscle from pregnant and nonpregnant rats.

Side effects listed in section 4 can be precipitated and/or be of increased severity.
In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

If you forget to take BIOGEN ACID CLEAR
Always take BIOGEN ACID CLEAR as prescribed. If you miss a dose, take it as soon as you remember. If you do not remember the missed dose until the next dose is due, skip the missed dose and go back to your regular dosing schedule. Do not take a double dose to make up for forgotten individual doses.

4. Possible side effects
BIOGEN ACID CLEAR can have side effects:
Do not share medicines prescribed for you with any other person.
Not all side effects reported for BIOGEN ACID CLEAR are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking BIOGEN ACID CLEAR, please consult your healthcare provider for advice.

Side effects associated with BIOGEN ACID CLEAR:

Frequent:
- Allergic skin reaction, and photosensitivity.
- Abdominal discomfort, constipation, diarrhoea, indigestion, flatulence, heartburn and vomiting.
- Sweating.

Less frequent:
- Skin irritation, patches of darker skin and itching.
- Anorexia, acid reflux, gastrointestinal bleeding, loss of taste, and itching/burning in the throat.
- Severe allergic reaction, and upper airway mucosal build-up.
- Dizziness and headache.
- Swollen eyes.
- Anxiety.
- Reduced kidney blood flow.

Please report/inform your doctor or pharmacist if you notice any side effects not mentioned in this leaflet.

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects to SAHPRA via the **"6.04 Adverse Drug Reaction Reporting Form"**, found online under SAHPRA's publications: *https://www.sahpra.org.za/Publications/Index/8*. By reporting side effects, you can help provide more information on the safety of BIOGEN ACID CLEAR.

5. How to store BIOGEN ACID CLEAR
Store in a cool, dry place at or below 25 °C.
Keep the bottle tightly closed.
KEEP OUT OF REACH OF CHILDREN.

Return all unused BIOGEN ACID CLEAR to your pharmacist. Do not dispose of unused BIOGEN ACID CLEAR in drains or sewerage systems (e.g. toilets).

6. Contents of the pack and other information
What BIOGEN ACID CLEAR contains:
The active ingredients (tincture) per 2,5 mL are:

Apium graveolens L. (Celery) [seed]	27,00 mg
Betula pendula Roth (Birch) [leaf]	18,00 mg
Harpagophytum procumbens (Burch.) DC. Ex Meisn. (Devil's Claw) [root]	18,00 mg
Medicago sativa L. (Alfalfa) [herb]	18,00 mg
Salix alba L. (Willow) [bark]	18,00 mg
Urtica dioica L. (Nettle) [leaf]	18,00 mg
Moringa oleifera Lam. (Moringa) [leaf]	10,00 mg

The other ingredients are: Ethyl alcohol (50 % *v/v*) and water.

Sugar free.

What BIOGEN ACID CLEAR looks like and contents of the pack
100 mL brown liquid in an amber glass bottle with a slow-flow dropper and a white cap.

Holder of Certificate of Registration and Manufacturer

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BIOGEN
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BIOGEN ACID CLEAR

PASIËNTINLIGTINGSBLAD

SKEDULERINGSTATUS: S0

BIOGEN ACID CLEAR
Berk/Brandnetel/Duiwelsklou/Lusern/Moringa/Seldery/Wilgerboom.

Suikervry.
Bevat etielalkohol: 50 % *v/v*

D 33.6 Westerse Kruie Medisyne. Komplementêre Medisyne
Gesondheidsaanvullings dien slegs as aanvulling tot gesondheid of dieet.

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer vir gehalte, veiligheid of beoogde gebruik nie.

Lees die hele inligtingsblad deeglik, want dit bevat belangrike inligting. BIOGEN ACID CLEAR is beskikbaar sonder 'n dokter se voorskrif om u gesondheid te ondersteun. U moet egter steeds **BIOGEN ACID CLEAR** versigtig gebruik om die beste resultate daarmee te verkry.

- Hou hierdie inligtingsblad. Dit kan nodig wees dat u dit weer lees.
- Moenie BIOGEN ACID CLEAR met enige ander persoon deel nie.
- Indien u verdere inligting of advies verlang, vra asseblief u gesondheidsorgwerker of apteker.
- U moet 'n dokter raadpleeg indien u simptome vererger of nie verbeter nie.

Wat is in hierdie voubiljet

1. Wat BIOGEN ACID CLEAR is en waarvoor dit gebruik word.
2. Wat u moet weet voordat u BIOGEN ACID CLEAR neem.
3. Hoe om BIOGEN ACID CLEAR te neem.
4. Moontlike newe-effekte.
5. Hoe om BIOGEN ACID CLEAR te stoor.
6. Inhoud van die verpakking en ander inligting.

1. Wat BIOGEN ACID CLEAR is en waarvoor dit gebruik word
BIOGEN ACID CLEAR, 'n mengsel van botaniese ekstrakte wat gesonde uriensuurvlakke ondersteun. Kan simptome verlaag wat verband hou met hoë uriensuurvlakke, soos ongemak in die gewrigte, spiere of senuwees, jig, en urienweg inflammasie.

2. Wat u moet weet voordat u BIOGEN ACID CLEAR neem
Moet nie BIOGEN ACID CLEAR neem nie:

- Indien u hipersensitief (allergies) is vir Berk, Brandnetel, Duiwelsklou, Lusern, Moringa, Seldery, Wilgerboom of enige van die ander bestanddele in BIOGEN ACID CLEAR (gelys in afdeling 6).
- Indien u van vrugbare ouderdom is, van plan is om 'n baba te hê, of reeds swanger is en borsvoed.
- Indien u 'n outo-immuun siekte soos sistemiese lupus erythematosus het, aangesien Lusern inflammasie kan vererger.
- Indien u verswakte hart- of nierfunksie het.

Waarskuwings en voorsorgmaatreëls

- Gebruik versigtig indien u 'n bloedingsversteuring het, of indien u bloedverdunners gebruik.
- Gebruik versigtig indien u voorbehoedmiddels neem.
- Gebruik versigtig indien u hormoonsensitiewe toestande het of indien u hormoonvervangingsterapie (HVT) ondergaan.
- Gebruik versigtig indien u hoë bloeddruk het.
- Gebruik versigtig indien u 'n skildklierafwyking het, omrede BIOGEN ACID CLEAR teoreties tiroïedvlakke kan beïnvloed.
- Gebruik versigtig indien u enige hartafwykings het.
- Gebruik versigtig indien u abnormale lae natriumvlakke het.
- Gebruik versigtig indien u galstene het.
- Gebruik versigtig indien u 'n maagseer het.
- Gebruik versigtig indien u lae bloeddruk het.
- Staak gebruik ten minste 2 weke voor elektiewe chirurgiese prosedures.
- Gebruik versigtig indien u diabetes het.
- Vermy/gebruik versigtig indien u hipersensitief vir aspirien is.
- Gebruik versigtig indien u asma het.
- Gebruik versigtig indien u jig het.
- Gebruik versigtig indien u hemofilie (abnormale bloedstolling) en hipoprotrombinemie (tekort aan die bloedstollingsstof, protrombien) het.
- Gebruik versigtig indien u lewersiekte het.
- Moet nie gegee word vir kinders onder die ouderdom van 18 jaar nie.

Kinders en adolessente
BIOGEN ACID CLEAR word nie vir kinders aanbeveel nie.

Ander medikasie en BIOGEN ACID CLEAR
Lig altyd u gesondheidspraktisyn in wanneer u medisyne op 'n gereelde basis neem, insluitend komplementêre of tradisionele medisyne.

Raadpleeg u dokter as u BIOGEN ACID CLEAR in kombinasie met die volgende medisyne wil gebruik:

- Asetielsalisielsure, omrede Wilgerboom die effek en nadelige effekte van aspirien kan verhoog.
- Bloedverdunners, omrede Lusern en Brandnetel die effek van bloedverdunners kan verminder, terwyl Seldery, Wilgerboom en Duiwelsklou teoreties die risiko van bloeding kan verhoog.
- Antidepressante, omrede Seldery teoreties die bloedvlakke van venlafaksien kan verhoog.
- Bloeddrukverlagende medikasie, omrede Moringa teoreties bykomende bloeddrukverlagende effekte kan hê.
- Geboortebeperkingsmedikasie, omrede Lusern die doeltreffendheid van geboortebeperkingsmedikasie kan verminder.
- Koolstofanhidrase-inhibeerders, omrede Wilgerboom teoreties bykomende nadelige effekte kan hê wanneer dit saam met asetasoolamied gebruik word.
- Sitochroomsubstrate, omrede Seldery teoreties die vlakke van medisyne wat deur sitochroom P450 1A2 (CYP1A2) gemetaboliseer word, kan verhoog, waar Duiwelsklou en Moringa die vlak van medisyne wat deur sitochroom P450 3A4 (CYP3A4) gemetaboliseer word, kan verhoog. Duiwelsklou kan ook die vlak van medisyne wat deur sitochroom P450 2C19 (CYP2C19) en 2C9 (CYP2C9) gemetaboliseer word, verhoog.
- Diuretika, omrede Berk en Brandnetel addisionele diuretiese effekte kan hê.
- H2-blokkers (verminder maagsuurproduksie), omrede Duiwelsklou teoreties die doeltreffendheid van H2-blokkers kan verminder.
- Hormoonvervangingsterapie (HVT), omrede Lusern estrogeniese eienskappe het en kankerselgroei kan verhoog.
- Bloedglukoseverlagende medikasie, omrede Lusern, Moringa of Brandnetel teoreties 'n bykomende bloedglukoseverlagende effek kan hê.
- Immuunonderdrukkende middels, omrede Lusern teoreties die doeltreffendheid van immuunonderdrukkende terapie kan verminder.
- Metale, soos Seldery en Brandnetel kan teoreties uitskeiding verminder en vlakke van litium verhoog.
- Minerale, omrede Lusern die opname van yster kan verminder wanneer dit gelyktydig gebruik word.
- Fotosensitiserende medisyne, omrede Lusern en Seldery teoreties die risiko vir nadelige effekte kan verhoog.
- Protonpomp-inhibeerders (PPI's), omrede Duiwelsklou teoreties die doeltreffendheid van PPI's kan verminder.
- Salisilate, omrede Wilgerboom die effekte en nadelige effekte van salisilaatbevattende medisyne soos salsalaat en cholienmagnesiumtrisalisilaat kan verhoog.
- Skildklierhormone, omrede Moringa teoreties die doeltreffendheid van sintetiese tiroksien (T4) produkte, soos levotiroksien, kan verminder.
- Vitamiene, omrede Lusern die absorpsie van Vitamien E kan beïnvloed wanneer dit gelyktydig gebruik word.

Interaksies met siektes

Aspirien hipersensitiwiteit: Wilgerboom bevat salisien en moet vermy/versigtig gebruik word in pasiënte met aspirien hipersensitiwiteit.

Asma: Wilgerboom bevat salisien en moet vermy/versigtig gebruik word in pasiënte met asma.

Outo-immuun siektes: Lusern kan outo-immuun siektes, soos sistemiese lupus eritematose, veelvuldige sklerose (MS), rumatoïede artritis (RA) vererger deur siekte-aktiwiteit te stimuleer.

Bloedafwykings: Seldery en Wilgerboom kan teoreties die risiko van bloeding verhoog.

Bloedstollingsversteurings: Wilgerboom bevat salisien en moet vermy/versigtig gebruik word in pasiënte met hemofilie (abnormale bloedstolling) en hipoprotrombinemie (tekort aan die bloedstollingsstof protrombien).

Diabetes: Teoreties kan Moringa bloedglukosevlakke verlaag in pasiënte met diabetes – gebruik dus versigtig in pasiënte wat insulien of orale bloedglukose-verlagende medikasie gebruik.7 Wilgerboom bevat salisien en moet vermy/versigtig gebruik word in pasiënte met diabetes.

Galstene: Duiwelsklou kan galproduksie verhoog, wat gevolglik pasiënte met galstene kan beïnvloed.

Jig: Wilgerboom bevat salisien en moet vermy/versigtig gebruik word in pasiënte met jig.

Hartafwykings: Duiwelsklou kan pasiënte met harttoestande affekteer, omrede dit hartklop, kontraktiliteit van die hart en bloeddruk kan beïnvloed. Berk kan diuretiese eienskappe hê en moet versigtig gebruik word in pasiënte met verswakte hartfunksie waar verminderde vloeistofinname aanbeveel word.

Hoë bloeddruk: Teoreties kan Berk natriumretensie verhoog en hoë bloeddruk vererger.

Hormoon sensitiewe kankers/toestande: Teoreties kan Lusern estrogeniese effekte hê en moet vermy word in pasiënte met hormoon sensitiewe siektes soos kanker, endometriose en uteriene fibroïede (nie-kankeragtige groeisels van die baarmoeder).

Hiponatremie: Duiwelsklou kan hiponatremie (abnormale lae natriumvlakke) veroorsaak of vererger deur natrium uitskeiding te verhoog.

Niersiekte: Teoreties kan Wilgerboom nierfunksie vererger in pasiënte met gekompromitteerde nierfunksie, wat gevolglik tot nierversaking kan lei. Berk kan diuretiese eienskappe hê en moet met omsigtigheid gebruik word in pasiënte met verswakte nierfunksie waar verminderde vloeistofinname aanbeveel word.

Lewersiekte: Wilgerboom bevat salisien en moet vermy/versigtig gebruik word in pasiënte met lewersiekte.

Lae bloeddruk: Teoreties kan Moringa die risiko van lae bloeddruk verhoog.

Perioperatief: Wilgerboom het antiplaatjie-eienskappe, wat kan lei tot oormatige bloeding as dit perioperatief gebruik word. Staak gebruik ten minste 2 weke voor elektiewe chirurgiese prosedures.

Maagseer: Duiwelsklou kan maagsuurafskeiding verhoog, wat gevolglik pasiënte met maagsere kan affekteer.

Wilgerboom bevat salisien en moet met omsigtigheid vermy/gebruik word by pasiënte met maagsere.

Skildklierafwykings: Seldery kan teoreties tiroïedvlakke beïnvloed in pasiënte met skildklierafwykings. Moringa kan die doeltreffendheid van tiroïedhormoonvlakke verlaag, of tiroïedhormoonvlakke verder verlaag in pasiënte met hipotireose (onderaktiewe skildklier) of subkliniese hipotireose (vroeë, ligte vorm van onderaktiewe skildklier).

BIOGEN ACID CLEAR met kos en drinkgoed
Onbekend.

Swangerskap en borsvoeding
Nie aanbeveel vir gebruik tydens swangerskap en laktasie nie.
Indien u swanger is of u baba borsvoed, dink dat u swanger is, of van plan is om 'n baba te hê, raadpleeg u dokter, apteker of gesondheidsorgwerker voordat u hierdie medisyne gebruik.

Bestuur en die gebruik van masjinerie
Dit is nie altyd moontlik om te voorspel tot watter mate BIOGEN ACID CLEAR die daaglikse aktiwiteite van 'n pasiënt kan beïnvloed nie. Dit is moontlik dat BIOGEN ACID CLEAR die vermoë om te bestuur of masjinerie te gebruik sal beïnvloed, omrede dit hoofpyn en duiseligheid kan veroorsaak. Pasiënte moet seker maak dat hulle nie aan bogenoemde aktiwiteite deelneem totdat hulle nie bewus is van hoe BIOGEN ACID CLEAR hulle beïnvloed nie.

3. Hoe om BIOGEN ACID CLEAR te neem
Moenie medisyne wat vir u voorgeskryf is, met enige ander persoon deel nie.
Neem BIOGEN ACID CLEAR soos voorgeskryf in hierdie voubiljet of soos u dokter of apteker u aanbeveel het.
Maak asseblief seker by u dokter of apteker wat die aanbevole dosis is indien u onseker is.
Volwassenes: Neem 2,5 mL of 30 druppels BIOGEN ACID CLEAR in 'n glas water, 3 keer per dag.

SKUD GOED VOOR GEBRUIK.

Indien u meer BIOGEN ACID CLEAR geneem het as wat u moes
Lusern, Berk, Seldery, Moringa, Brandnetel en Wilgerboom - Onvoldoende betroubare inligting.
Duiwelsklou - Hoë dosisse van Duiwelsklou wortelekstrak het sametrekkings in geïsoleerde baarmoederspiere van swanger en nie-dragtige rotte veroorsaak.

Die newe-effekte wat in afdeling 4 gelys word, kan ontstaan en/of die graad daarvan kan toeneem.
In die geval van 'n oordosis, raadpleeg u dokter of apteker. Indien nie een van hulle beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

Indien u vergeet om BIOGEN ACID CLEAR te neem
Neem BIOGEN ACID CLEAR altyd soos voorgeskryf. Indien u 'n dosis vergeet het, neem dit so gou as wat u onthou. Indien u egter nie van die vergete dosis onthou voordat dit tyd is vir die volgende dosis nie, slaan die vergete dosis oor en keer terug na u gewone doseringskedule. Moenie 'n dubbele dosis neem om te vergoed vir die oorgeslane individuele dosis nie.

4. Moontlike newe-effekte
BIOGEN ACID CLEAR kan newe-effekte hê.
Nie alle newe-effekte wat aangemeld is vir BIOGEN ACID CLEAR is in hierdie voubiljet ingesluit nie. Indien u algemene gesondheid vererger, of as u ongewenste gevolge ervaar tydens die gebruik van BIOGEN ACID CLEAR, raadpleeg u gesondheidsorgwerker vir advies.

Newe-effekte geassosieer met BIOGEN ACID CLEAR:

Algemeen:
- Allergiese velreaksie en fotosensitiwiteit.
- Abdominale ongemak, hardlywigheid, diarree, slegte spysvertering, winderigheid, sooibrand en braking.
- Sweet.

Minder algemeen
- Velirritasie, donkerder kolle op vel, en jeuk.
- Anoreksie, sooibrand, gastroïntestinale bloeding, verlies aan smaak, en jeuk/brand gevoel in die keel.
- Erge allergiese reaksie, en opbou van slym in die boonste lugweg.
- Duiseligheid en hoofpyn.
- Geswelde oë.
- Angs.
- Verminderde nierbloedvloei.

Lig asseblief u dokter of apteker in indien u enige newe-effekte opmerk wat nie in hierdie inligtingstuk genoem word nie.

Rapportering van newe-effekte
Praat met u dokter of apteker indien u newe-effekte ervaar. Dit sluit in enige moontlike newe-effekte wat nie in hierdie voubiljet gelys is nie. U kan ook newe-effekte by SAHPRA aanmeld via die **"6.04 Adverse Drug Reaction Reporting Form"**, wat aanlyn gevind kan word onder SAHPRA se publikasies: *https://www.sahpra.org.za/Publications/Index/8*. Deur newe-effekte aan te meld, kan u help om meer inligting rakende die veiligheid van BIOGEN ACID CLEAR te verskaf.

5. Hoe om BIOGEN ACID CLEAR te stoor
Bewaar in 'n koel, droë plek by of benede 25 °C.
Hou die bottel dig toe.
HOU ALLE MEDISYNE BUITE DIE BEREIK VAN KINDERS.

Neem alle ongebruikte BIOGEN ACID CLEAR na u apteker terug. Moenie ongebruikte BIOGEN ACID CLEAR in afvoerpype of rioolsisteme (byvoorbeeld toilette) weggooi nie.

6. Inhoud van die verpakking en ander inligting
Wat BIOGEN ACID CLEAR bevat:
Aktiewe bestanddele (tinktuur) per 2,5 mL is:

Apium graveolens L. (Seldery) [saad]	27,00 mg
Betula pendula Roth (Berk) [blaar]	18,00 mg
Harpagophytum procumbens (Burch.) DC. Ex Meisn. (Duiwelsklou) [wortel]	18,00 mg
Medicago sativa L. (Lusern) [krui]	18,00 mg
Salix alba L. (Wilgerboom) [bas]	18,00 mg
Urtica dioica L. (Brandnetel) [blaar]	18,00 mg
Moringa oleifera Lam. (Moringa) [blaar]	10,00 mg

Die ander bestanddele is: Etielalkohol (50 % *v/v*) en water.w

Suikervry.

Hoe BIOGEN ACID CLEAR lyk en die inhoud van die verpakking
100 mL bruin vloeistof in 'n amberkleurige glasbottel met 'n stadigvloeiende drupper en 'n wit doppie.

Holder of Certificate of Registration and Manufacturer

BIOGEN
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Hierdie voubiljet was laaste hersien in
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335274P01

JOB: BPS_ACID CLEAR	**SIZE:** 246mm x 558mm
STOCK: Foil Substrate: ☐ Clear Substrate: ☐ White Substrate: ☐ Paper: ☒ Other: ☐	
COLOUR: ■ K	**FINISHING:** ☐ Foil / Holographic Foil ☐ Matte ☐ Gloss ☐ Spot UV ☐ Doming ☐ Embossing
PLEASE CHECK CAREFULLY Although we endeavour to proof accurately, we cannot accept responsibility for errors once proofs are signed and accepted by our clients.	